



Practical Ideas To Integrate Your Faith With Your Family

Form Your Family

- Help your family develop a spiritual focus
 - Individual study
 - Individual prayer
- Help your family encounter the poor - be a missionary
 - Look for opportunities for the whole family to serve together
- Be prepared to talk about big issues and questions as a family
- Be willing to share your testimony with your family

Generosity

- Be generous with both your finances and time
 - Discuss as a family why you give of time and money
 - Encourage generosity in children
- Pick up the tab
- Don't use the "too busy" excuse
 - Talk about priorities as a family

Hospitality

- Invite people into your home and into your life
 - In doing so invite them into your family's prayer routine
- Lead children to look to serve a guest's needs first

Cultivate the Liturgy in the Home

- Create a prayer routine for spouses and for children
- Set up a space to pray
 - *Little Oratory: A Beginner's Guide to Praying in the Home* by David Clayton & Leila Lawler
- Create a culture of love for the liturgy and for prayer
- Celebrate Feast Days and reception of the Sacraments
- Read the Gospel to your Children
 - Start young and as children mature use different versions of the Bible

Proclaim the Gospel

- Point to Jesus whenever possible:
 - In disciplining
 - In conversation
- Find opportunities to explain and discuss the Gospel as a family
 - Leads to understanding and the ability to teach others